



Week 1

Menu served week commencing 5th September, 26th September, 17th October

MONDAY	Pork Meatballs (2,13) (may 1,4,7,9) in Tomato Sauce (2,7) (may 1,4,9,13,14) Spaghetti (2) Green Beans & Sweetcorn	Quorn 'Meatballs' (2,4) in Tomato Sauce (2,7) (may 1,4,9,13,14) Spaghetti (2) Green Beans & Sweetcorn	Apple & Strawberry Crumble (2) Custard (7) Fruit Yogurt (7)
TUESDAY	Chicken Pie (1,2,7) (may 4,9,13,14) Mashed Potato Carrots & Peas Gravy (2) (may 7,13)	Quorn & Bean 'Chicken' Pie (1,2,4,7) (may 4,9,13,14) Mashed Potato Carrots & Peas Gravy (2) (may 7,13)	Fruit & Jelly Yogurt (7) Fruit
ROAST WEDNESDAY	Roast Turkey Roast Parliament Potatoes (2) (may 13) Broccoli & Sweetcorn Gravy (2) (may 7,13)	Vegetable & Cheese Omelette (1,2,4,7) Roast Parliament Potatoes (2) (may 13) Broccoli & Sweetcorn	Rice Pudding & Sultanas (7) Fruit Yogurt (7)
THURSDAY	Macaroni Cheese (1,2,7,9) Garlic Bread (2) Mixed Vegetables Baked Beans	Jacket Potato & Baked Beans Garlic Bread (2) Mixed Vegetables	Pineapple Sponge (2,4) Custard (7) Fruit Yogurt (7)
FRIDAY	Cheese Pizza (1,2,7) Spaghetti Hoops (2) Coleslaw Cucumber Peppers	Vegetable Nuggets (2) Spaghetti Hoops (2) Bread (2) Coleslaw Cucumber Peppers	Fruit & Ice Cream (7) Yogurt (7) Fruit



Week 2

Menu served week commencing 12th September, 3rd October

MONDAY	Minced (Beef) and Beans (1,2) (may 7,13) Pasta (2) Cabbage & Sweetcorn	Quorn Fricassé (1,2,4,7) (may 4,9,13,14) Pasta (2) Cabbage & Sweetcorn	Bakewell Tart (2,4) Custard (7) Fruit Yogurt (7)
TUESDAY	Tuna Pasta Bake (1,2,5,7) Herby Bread (2) Carrots & Peas	Cheese & Onion Flan (2,4,7) Pasta (2) Carrots & Peas	Raisin & Oat Slice (2,4) (may 7) Custard (7) Fruit Yogurt (7)
ROAST WEDNESDAY	Chicken Sausages (2,13,14) Roast Potatoes Broccoli & Brussels Gravy (2) (may 7,13)	Quorn Sausage (2,4,7) Roast Potatoes Broccoli & Brussels Gravy (2) (may 7,13)	Fruit & Jelly Fruit Yogurt (7)
THURSDAY	Pork Sausage Meatloaf (2) (may 13) Mashed Potato Cauliflower & Peas Gravy (2) (may 7,13)	Vegetable & Bean Lasagné (1,2,7) Mashed Potato Cauliflower & Peas	Peach & Apple Crumble (2) Custard (7) Fruit Yogurt (7)
FRIDAY	Salmon Fish Bites (2,5) Oven Chips Baked Beans Peas & Sweetcorn	Pizza & Bean Puffs (1,2) (may 7) Oven Chips Baked Beans Peas & Sweetcorn	Apricot Sponge (2,4) Custard (7) Fruit Yogurt (7)



Week 3

Menu served week commencing 19th September, 10th October

MONDAY	Chicken Cobbler (1,2,4,7) (may 4,9,13,14) Pasta (2) Carrots & Peas Gravy (2) (may 7,13)	Egg Mornay (1,4,7) Pasta (2) Carrots & Peas	Date Slice (2) Custard (7) Fruit Yogurt (7)
TUESDAY	Pork Sausage Pie (2) (may 13) Mashed Potato Cabbage & Sweetcorn Gravy (2) (may 7,13)	Vegetable & Bean Cobbler (1,2,4,7,9) (may 13,14) Mashed Potato Cabbage & Sweetcorn Gravy (2) (may 7,13)	Semolina (2,7) & Sultanas Fruit Yogurt (7)
ROAST WEDNESDAY	Roast Chicken Roast Parliament Potatoes (2) (may 13) Green Beans & Cauliflower Gravy (2) (may 7,13)	Quorn Sausage (2,4,7) & Mushroom in Yorkshire Pudding (2,4,7) Roast Parliament Potatoes (2) (may 13) Green Beans & Cauliflower Gravy (2) (may 7,13)	Vanilla Krispie Custard (7) Fruit Yogurt (7)
THURSDAY	Cheese & Potato Bake (1,7) Rice Broccoli & Sweetcorn Gravy (2) (may 7,13)	Quorn Curry (2,4) Rice Broccoli & Sweetcorn	Chocolate Orange Sponge (2,4) Custard (7) Fruit Yogurt (7)
FRIDAY	Jumbo Cod Fish Finger (2,4,5) (may 7,9) Oven Chips Baked Beans Peas	Vegetable Rosti (1,2) Oven Chips Baked Beans Peas	Pear & Apricot Flapjack (2) Custard (7) Fruit Yogurt (7)

What are the 14 Allergens

1) Celery

8) Molluscs

2) Cereals containing Gluten

9) Mustard

3) Crustaceans

10) Nuts

4) Eggs

11) Peanuts

5) Fish

12) Sesame Seeds

6) Lupin

13) Soya

7) Milk

14) Sulphur Dioxide